

# High School H.E.R.O. Program Overview

Almost 25% of our region's annual blood supply comes from high school sponsored blood drives. High school students are incredibly important to the safety and health of our community. That's why the High School H.E.R.O. Program (Help, Educate, Recruit, and Organize) was developed.



Students are encouraged to maximize the effectiveness of their blood drives through education while building leadership skills, and can earn recognition for their efforts. The program fosters a community service mind-set among students as they work with classmates, faculty, staff, and the Inland Northwest Blood Center (INBC) to promote blood donation on behalf of patient care in the Inland Northwest.

As part of the H.E.R.O. Program, schools are asked to host at least two blood drives throughout the current school year. INBC tracks the results of each blood drive held by the high schools that participate. An award system, equitably determined by the population of each school's junior and senior classes, encourages a spirit of friendly competition. The three award categories are as follows:

- 🔴 Highest number of registered donors
- 🔴 Highest percentage of units collected
- 🔴 Highest number of total units collected at one blood drive

The winners of each category are recognized for their achievements and presented with trophies during INBC's annual High School Workshop & Luncheon held in the fall.

**Give blood, save lives and find the hero in you!**



# High School H.E.R.O. Program Student Volunteer Day of Checklist

- Set-up/Tear Down:** (3-5 students assigned to this task) Students will need to meet INBC staff upon arrival to help unload equipment and set up tables and chairs used for pre-registration, registration, and canteen.



- Runners:** (3-5 students assigned to this task) Runners will go to the classes of each student who has signed up to donate and escort them to the pre-registration table. After a student is finished donating, they will be escorted back to their class by the runner. This process helps prevent students from missing classes and reduces crowding at the registration table.

- Pre-Donation Nourishment (OPTIONAL):** (1-2 students assigned to this task) Eating a nourishing meal, is critical to a good donation experience. Students assigned to this task will set up a nourishment station for donors to enjoy before starting the donation process. Nutritious foods (such as dry cereal and milk, bran muffins, fruits, and juices) may be obtained by asking local businesses for contributions.

- Pre-Registration:** (1-2 students assigned to this task) Students will verify that all student donors who are not at least 18 years old have a INBC *Minor Donor Consent* form signed in ink. Students who do not bring or have photo ID may be identified using the school "Mug Book". A yearbook picture is NOT acceptable. First time donors will also need to fill out a pre-registration slip.

- Crowd Control:** (1-2 students assigned to this task) Blood drives create a lot of interest from students not involved in the process. We encourage the free flow of information and education but students should not "hang out" at the blood drive. The primary reason for this is the safety of the donors. INBC staff must have clear access to donors at all times. The students assigned to crowd control should monitor access to the blood drive and only provide access to students who will be donating or registering to donate.

**Give blood, save lives and find the hero in you!**





**Blood Drive Hall Pass**

Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

Donor Name: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ Finish Time: \_\_\_\_\_

Don't forget to:

- Bring your signed INBC *Minor Donor Consent* form.
- Eat a good meal and drink plenty of fluids prior to donation.
- Bring a photo ID with first and last name.



**Inland Northwest  
Blood Center**



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